

Thornrose House Bircher-Muesli

Ingredients:

- 1 C whole oats
- $\frac{1}{3}$ C golden raisins
- Juice of $\frac{1}{2}$ lemon
- 1 apple, grated
- Chopped fruit of the season
- 2 large spoonfulls of whipped cream or vanilla yogurt

Directions:

1. Soak oats and raisins in just enough milk to cover and store overnight
2. Add apple, juice and fruit
3. Fold in whipped cream or yogurt

This is a favorite recipe from the former owners, Suzy and Otis Houston.